
RECORDS HN Long course
LC Meters-Female

9 & U	50 Free	44.82	25-Feb-12	EHNX	Anna L. Lissaman	at Longcourse timetrial	
	100 Free	1:35.71	25-Feb-12	EHNX	Anna L. Lissaman	at Longcourse timetrial	
	200 Free	6:00.00	12-Apr-12		hn		
	400 Free	8:00.00	12-Apr-12		hn		
	800 Free	20:00.00	12-Apr-12	EHNX	hn		
	1500 Free	35:00.00	12-Apr-12	EHNX	hn		
	50 Back	58.00	12-Apr-12	EHNX	hn		
	100 Back	1:45.88	25-Feb-12	EHNX	Cera L. Gemmell	at Longcourse timetrial	
	200 Back	4:00.00	12-Apr-12	EHNX	hn		
	50 Breast	1:30.00	12-Apr-12	EHNX	hn		
	100 Breast	2:30.00	12-Apr-12		hn		
	200 Breast	4:30.00	12-Apr-12		hn		
	50 Fly	59.00	12-Apr-12		hn		
	100 Fly	2:30.00	12-Apr-12		hn		
	200 Fly	5:00.00	12-Apr-12		hn		
	200 IM	3:53.56	19-May-12	EHNX	Rosie J. Berwick	at Long Course Time Trial	
	10-10	50 Free	35.93	18-May-13	UELX	Anna L. Lissaman	at Sunderland Open
		100 Free	1:23.86	18-May-13	UELX	Cera L. Gemmell	at Sunderland Open
		200 Free	2:52.84	18-May-13	UELX	Cera L. Gemmell	at Sunderland Open
		400 Free	7:00.00	12-Apr-12		hn	
800 Free		15:00.00	12-Apr-12		hn		
50 Back		41.32	11-Jan-14	EHNX	Mia I. Blair	at East District Age Group Championships	
100 Back		1:28.03	11-Jan-14	EHNX	Mia I. Blair	at East District Age Group Championships	
200 Back		3:08.06	18-May-13	UELX	Cera L. Gemmell	at Sunderland Open	
50 Breast		54.19	25-Feb-12	EHNX	Ruth M. Thomson	at Longcourse timetrial	
100 Breast		1:52.49	25-Feb-12	EHNX	Lulu Lodge	at Longcourse timetrial	
200 Breast		3:56.89	7-Jul-12	EHNX	Cera L. Gemmell	at Sunderland Summer Spalsh	
50 Fly		57.47	19-May-12	EHNX	Megan H. Watt	at Long Course Time Trial	
100 Fly		2:30.00	12-Apr-12		hn		
200 Fly		4:30.00	12-Apr-12		hn		
200 IM		3:49.41	19-May-12	EHNX	Megan H. Watt	at Long Course Time Trial	
400 IM		7:30.00	12-Apr-12		hn		
11-11		50 Free	33.32	31-Mar-15	UELX	Lucy J. Lucas	at Scottish National Age Groups
		100 Free	1:09.62	31-Mar-15	UELX	Lucy J. Lucas	at Scottish National Age Groups
		200 Free	2:36.03	17-May-14	UELX	Rosie J. Berwick	at City of Sunderland May Open
		400 Free	6:00.00	12-Apr-12		hn	
	800 Free	15:00.00	12-Apr-12		hn		
	1500 Free	30:00.00	12-Apr-12		hn		
	50 Back	36.44	31-Mar-15	UELX	Lucy J. Lucas	at Scottish National Age Groups	
	100 Back	1:19.56	31-Mar-15	UELX	Lucy J. Lucas	at Scottish National Age Groups	
	200 Back	2:47.57	31-Mar-15	UELX	Lucy J. Lucas	at Scottish National Age Groups	
	50 Breast	46.09	17-May-14	UELX	Rosie J. Berwick	at City of Sunderland May Open	
	100 Breast	1:38.95	17-May-14	UELX	Rosie J. Berwick	at City of Sunderland May Open	
	200 Breast	4:00.00	12-Apr-12		hn		
	50 Fly	40.22	17-May-14	EHNX	Cera L. Gemmell	at City of Sunderland May Open	
	100 Fly	1:35.73	11-Jan-14	EHNX	Cera L. Gemmell	at East District Age Group Championships	
	200 Fly	4:30.00	12-Apr-12		hn		
	200 IM	2:59.51	17-May-14	UELX	Rosie J. Berwick	at City of Sunderland May Open	
	400 IM	6:23.09	17-May-14	EHNX	Cera L. Gemmell	at City of Sunderland May Open	
	12-12	50 Free	31.18	30-May-15	UELX	Rosie J. Berwick	at North District Junior LC Time Trials 2015
		100 Free	1:07.24	2-May-15	UELX	Rosie J. Berwick	at Manchester Open Meet 2015

RECORDS HN Long course

12-12	200 Free	2:24.89	2-May-15	UELX	Rosie J. Berwick at Manchester Open Meet 2015	
	400 Free	4:00.00	12-Apr-12		hn	
	800 Free	10:34.90	31-Mar-12	UELX	Murrin Dalrymple at Scottish Gas National Age Group	
	1500 Free	30:00.00	12-Apr-12		hn	
	50 Back	34.72	30-May-15	UELX	Rosie J. Berwick at North District Junior LC Time Trials 2015	
	100 Back	1:13.48	31-Mar-15	UELX	Rosie J. Berwick at Scottish National Age Groups	
	200 Back	2:39.79	30-May-15	UELX	Rosie J. Berwick at North District Junior LC Time Trials 2015	
	50 Breast	39.78	17-May-14	UELX	Ruth M. Thomson at City of Sunderland May Open	
	100 Breast	1:24.37	25-Jun-14	UELX	Ruth M. Thomson at Scottish National Age Groups	
	200 Breast	3:08.45	17-May-14	EHNX	Ruth M. Thomson at City of Sunderland May Open	
	50 Fly	34.58	31-Mar-12	UELX	Murrin Dalrymple at Scottish Gas National Age Group	
	100 Fly	1:22.71	31-Mar-12	UELX	Murrin Dalrymple at Scottish Gas National Age Group	
	200 Fly	4:30.00	12-Apr-12		hn	
	200 IM	2:47.68	31-Mar-12	UELX	Murrin Dalrymple at Scottish Gas National Age Group	
	400 IM	5:51.24	31-Mar-12	UELX	Murrin Dalrymple at Scottish Gas National Age Group	
	13-13	50 Free	30.30	17-May-14	UELX	Brigid Hay at City of Sunderland May Open
		100 Free	1:04.94	31-Mar-15	UELX	Ruth M. Thomson at Scottish National Age Groups
		200 Free	2:22.74	17-May-14	UELX	Brigid Hay at City of Sunderland May Open
		400 Free	4:58.74	25-Jun-14	UELX	Brigid Hay at Scottish National Age Groups
		800 Free	10:18.73	25-Jun-14	UELX	Brigid Hay at Scottish National Age Groups
1500 Free		30:00.00	12-Apr-12		hn	
50 Back		35.01	6-Feb-15	UELX	Ruth M. Thomson at Derventio February Festival 2015 L1	
100 Back		1:13.48	31-Mar-15	UELX	Rosie J. Berwick at Scottish National Age Groups	
200 Back		2:41.83	25-Jun-14	UELX	Sarah S. Anderson at Scottish National Age Groups	
50 Breast		35.97	31-Mar-15	UELX	Ruth M. Thomson at Scottish National Age Groups	
100 Breast		1:18.96	31-Mar-15	UELX	Ruth M. Thomson at Scottish National Age Groups	
200 Breast		2:51.70	31-Mar-15	UELX	Ruth M. Thomson at Scottish National Age Groups	
50 Fly		33.62	6-Feb-15	UELX	Ruth M. Thomson at Derventio February Festival 2015 L1	
100 Fly		1:20.73	10-Jan-15	EHNX	Ruth M. Thomson at East District Age Group Championships	
200 Fly		4:30.00	12-Apr-12		hn	
200 IM		2:38.30	2-May-15	UELX	Ruth M. Thomson at Manchester Open Meet 2015	
400 IM		5:54.36	17-May-14	EHNX	Brigid Hay at City of Sunderland May Open	
14-14		50 Free	28.82	28-Jun-12	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs
		100 Free	1:03.94	31-Mar-12	UELX	Emma Crawford at Scottish Gas National Age Group
		200 Free	2:19.49	31-Mar-12	UELX	Emma Crawford at Scottish Gas National Age Group
	400 Free	4:59.06	31-Mar-12	UELX	Emma Crawford at Scottish Gas National Age Group	
	800 Free	15:00.00	12-Apr-12		hn	
	1500 Free	30:00.00	12-Apr-12		hn	
	50 Back	34.17	31-Mar-15	UELX	Sarah S. Anderson at Scottish National Age Groups	
	100 Back	1:13.85	31-Mar-15	UELX	Sarah S. Anderson at Scottish National Age Groups	
	200 Back	2:39.02	31-Mar-15	UELX	Sarah S. Anderson at Scottish National Age Groups	
	50 Breast	34.37	28-Jun-12	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	100 Breast	1:15.67	28-Jun-12	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	200 Breast	2:46.31	31-Mar-12	UELX	Emma Crawford at Scottish Gas National Age Group	
	50 Fly	31.53	28-Jun-12	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	100 Fly	1:10.77	28-Jun-12	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	200 Fly	4:00.00	12-Apr-12		hn	
	200 IM	2:35.26	31-Mar-12	UELX	Emma Crawford at Scottish Gas National Age Group	
	400 IM	5:38.79	28-Jun-12	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	15-15	50 Free	28.75	28-Jun-12	UELX	Chloe McCallum at Scottish Gas National Open Swimming Champs
		100 Free	1:00.78	11-Jan-14	EHNX	Emma Crawford at East District Age Group Championships
		200 Free	2:14.95	31-Mar-12	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group
400 Free		4:40.73	31-Mar-12	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group	

RECORDS HN Long course

15-15	800 Free	15:00.00	12-Apr-12		hn
	1500 Free	30:00.00	12-Apr-12		hn
	50 Back	33.84	28-Jun-12	UELX	Chloe McCallum at Scottish Gas National Open Swimming Champs
	100 Back	1:12.10	28-Jun-12	UELX	Chloe McCallum at Scottish Gas National Open Swimming Champs
	200 Back	2:45.07	16-Jan-15	UELX	Brigid Hay at 2015 West District Grand Prix
	100 Breast	1:15.89	11-Jan-14	EHNX	Emma Crawford at East District Age Group Championships
	200 Breast	2:52.21	31-Mar-12	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group
	50 Fly	33.26	29-May-15	UELX	Eve M. Lissaman at East District Open - SASA Grand Prix
	100 Fly	1:06.73	11-Jan-14	EHNX	Emma Crawford at East District Age Group Championships
	200 Fly	2:29.04	31-Mar-12	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group
	200 IM	2:28.41	31-Mar-12	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group
	400 IM	5:10.36	28-Jan-12	UELX	Joanna L. Whitelaw at Scottish Schools Swimming
16 & O	50 Free	27.23	25-Jun-14	UELX	Emma Crawford at Scottish National Age Groups
	100 Free	59.07	25-Jun-14	UELX	Emma Crawford at Scottish National Age Groups
	200 Free	2:11.97	29-May-15	UELX	Fiona Dickson at East District Open - SASA Grand Prix
	400 Free	4:40.76	29-May-15	UELX	Fiona Dickson at East District Open - SASA Grand Prix
	800 Free	9:36.54	16-Jan-15	UELX	Fiona Dickson at 2015 West District Grand Prix
	1500 Free	30:00.00	12-Apr-12		hn
	50 Back	31.65	29-May-15	UELX	Fiona Dickson at East District Open - SASA Grand Prix
	100 Back	1:07.77	10-Jan-15	EHNX	Fiona Dickson at East District Age Group Championships
	200 Back	2:31.49	31-Mar-15	UELX	Fiona Dickson at Scottish National Age Groups
	50 Breast	34.34	3-Apr-14	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs
	100 Breast	1:13.71	25-Jun-14	UELX	Emma Crawford at Scottish National Age Groups
	50 Fly	29.84	3-Apr-14	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs
	100 Fly	1:05.87	29-May-15	UELX	Fiona Dickson at East District Open - SASA Grand Prix
	200 Fly	4:30.00	12-Apr-12		hn
	200 IM	2:30.42	28-Jun-12	UELX	Joanna L. Whitelaw at Scottish Gas National Open Swimming Champs
	400 IM	5:08.16	28-Jun-12	UELX	Joanna L. Whitelaw at Scottish Gas National Open Swimming Champs
Open	200 Breast	2:42.95	25-Jun-14	UELX	Emma Crawford at Scottish National Age Groups

RECORDS HN Long course

LC Meters-Male

9 & U	50 Free	39.38	7-Jul-12	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	100 Free	1:33.82	7-Jul-12	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	200 Free	3:06.29	7-Jul-12	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	400 Free	8:00.00	12-Apr-12		hn	
	800 Free	20:00.00	12-Apr-12	EHNX	hn	
	1500 Free	35:00.00	12-Apr-12	EHNX	hn	
	50 Back	43.92	7-Jul-12	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	100 Back	1:52.52	25-Feb-12	EHNX	Finlay Hay at Longcourse timetrial	
	200 Back	4:00.00	12-Apr-12	EHNX	hn	
	50 Breast	56.33	7-Jul-12	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	100 Breast	2:09.26	11-Mar-12	EHNX	Hugh Taylor at Longcourse time trial	
	200 Breast	4:30.00	12-Apr-12		hn	
	50 Fly	46.82	7-Jul-12	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	100 Fly	2:02.32	25-Feb-12	EHNX	Hugh Taylor at Longcourse timetrial	
	200 Fly	5:00.00	12-Apr-12		hn	
	200 IM	3:39.22	19-May-12	EHNX	Hugh Taylor at Long Course Time Trial	
	10-10	50 Free	43.68	25-Feb-12	EHNX	Angus J. de Burgh at Longcourse timetrial
		100 Free	1:32.83	25-Feb-12	EHNX	Angus J. de Burgh at Longcourse timetrial
		200 Free	2:47.22	18-May-13	UELX	Hugh Taylor at Sunderland Open
		400 Free	7:00.00	12-Apr-12		hn
800 Free		15:00.00	12-Apr-12		hn	
50 Back		42.68	18-May-13	UELX	Hugh Taylor at Sunderland Open	
100 Back		1:52.20	11-Mar-12	EHNX	Kieran McDonald at Longcourse time trial	
200 Back		4:00.00	12-Apr-12		hn	
50 Breast		57.16	11-Mar-12	EHNX	Angus J. de Burgh at Longcourse time trial	
100 Breast		2:03.82	11-Mar-12	EHNX	Angus J. de Burgh at Longcourse time trial	
200 Breast		4:30.00	12-Apr-12		hn	
50 Fly		40.83	18-May-13	UELX	Hugh Taylor at Sunderland Open	
100 Fly		2:30.00	12-Apr-12		hn	
200 Fly		4:30.00	12-Apr-12		hn	
200 IM		4:00.00	12-Apr-12		hn	
400 IM		7:30.00	12-Apr-12		hn	
11-11		50 Free	30.47	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups
		100 Free	1:06.06	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups
		200 Free	2:19.82	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups
		400 Free	4:50.65	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups
	800 Free	9:59.55	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	1500 Free	18:55.84	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	50 Back	34.26	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	100 Back	1:14.71	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	200 Back	2:35.43	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	50 Breast	45.96	19-May-12	UELX	Declan P. Till at City of Sunderland Open	
	100 Breast	1:38.22	10-Jan-15	EHNX	Sean Craigmile at East District Age Group Championships	
	200 Breast	4:00.00	12-Apr-12		hn	
	50 Fly	34.18	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	100 Fly	1:21.56	10-Jan-15	EHNX	Sean Craigmile at East District Age Group Championships	
	200 Fly	4:30.00	12-Apr-12		hn	
	200 IM	2:45.38	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	400 IM	7:30.00	12-Apr-12		hn	
	12-12	50 Free	30.47	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups
		100 Free	1:06.06	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups

RECORDS HN Long course

12-12	200 Free	2:19.25	30-May-15	UELX	Sean Craigmile at North District Junior LC Time Trials 2015	
	400 Free	4:00.00	12-Apr-12		hn	
	800 Free	9:59.55	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	1500 Free	18:55.84	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	50 Back	33.99	2-May-15	UELX	Sean Craigmile at Manchester Open Meet 2015	
	100 Back	1:14.71	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	200 Back	2:35.43	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	50 Breast	42.43	30-May-15	UELX	Sean Craigmile at North District Junior LC Time Trials 2015	
	100 Breast	1:35.36	19-May-12	UELX	Robert Ogilvy at City of Sunderland Open	
	200 Breast	4:00.00	12-Apr-12		hn	
	50 Fly	34.18	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	100 Fly	1:16.95	30-May-15	UELX	Sean Craigmile at North District Junior LC Time Trials 2015	
	200 Fly	2:53.87	30-May-15	UELX	Sean Craigmile at North District Junior LC Time Trials 2015	
	200 IM	2:45.38	31-Mar-15	UELX	Sean Craigmile at Scottish National Age Groups	
	400 IM	5:44.22	30-May-15	UELX	Sean Craigmile at North District Junior LC Time Trials 2015	
	13-13	50 Free	28.33	31-Jan-14	UELX	Andrew R. McKnight at East District Open - SASA Grand Prix 2013
		100 Free	1:00.86	11-Jan-14	EHNX	Andrew R. McKnight at East District Age Group Championships
200 Free		2:15.76	19-Oct-13	UELX	Andrew R. McKnight at Lincoln Vulcans	
400 Free		4:47.37	31-Jan-14	UELX	Andrew R. McKnight at East District Open - SASA Grand Prix 2013	
800 Free		10:33.97	19-May-12	UELX	Charlie Smith at City of Sunderland Open	
1500 Free		19:44.14	19-May-12	UELX	Charlie Smith at City of Sunderland Open	
50 Back		34.56	18-May-13	UELX	Robert Ogilvy at Sunderland Open	
100 Back		1:10.87	31-Mar-12	UELX	Matthew Thomson at Scottish Gas National Age Group	
200 Back		2:31.27	31-Mar-12	UELX	Matthew Thomson at Scottish Gas National Age Group	
50 Breast		39.91	18-May-13	UELX	Robert Ogilvy at Sunderland Open	
100 Breast		1:25.96	11-Jan-14	EHNX	Andrew R. McKnight at East District Age Group Championships	
200 Breast		4:00.00	12-Apr-12		hn	
50 Fly		35.57	11-Jan-14	EHNX	Andrew R. McKnight at East District Age Group Championships	
100 Fly		1:21.55	11-Jan-14	EHNX	Kyle Eadie at East District Age Group Championships	
200 Fly		4:30.00	12-Apr-12		hn	
200 IM		2:36.84	11-Jan-14	EHNX	Andrew R. McKnight at East District Age Group Championships	
400 IM		5:55.33	19-May-12	UELX	Charlie Smith at City of Sunderland Open	
14-14	50 Free	27.49	31-Mar-15	UELX	Andrew R. McKnight at Scottish National Age Groups	
	100 Free	58.27	10-Jan-15	EHNX	Andrew R. McKnight at East District Age Group Championships	
	200 Free	2:09.32	31-Mar-15	UELX	Andrew R. McKnight at Scottish National Age Groups	
	400 Free	4:35.66	31-Mar-15	UELX	Andrew R. McKnight at Scottish National Age Groups	
	800 Free	9:49.52	25-Jun-14	UELX	Andrew R. McKnight at Scottish National Age Groups	
	1500 Free	18:27.93	25-Jun-14	UELX	Andrew R. McKnight at Scottish National Age Groups	
	50 Back	31.89	31-Mar-15	UELX	Andrew R. McKnight at Scottish National Age Groups	
	100 Back	1:08.80	10-Jan-15	EHNX	Andrew R. McKnight at East District Age Group Championships	
	200 Back	2:26.25	28-Jun-12	UELX	Matthew Thomson at Scottish Gas National Open Swimming Champs	
	50 Breast	36.97	17-May-14	UELX	Robert Ogilvy at City of Sunderland May Open	
	100 Breast	1:21.58	25-Jun-14	UELX	Robert Ogilvy at Scottish National Age Groups	
	200 Breast	2:54.32	25-Jun-14	UELX	Robert Ogilvy at Scottish National Age Groups	
	50 Fly	30.52	17-May-14	UELX	Robert Ogilvy at City of Sunderland May Open	
	100 Fly	1:08.89	11-Jan-14	EHNX	Robert Ogilvy at East District Age Group Championships	
	200 Fly	2:43.43	31-Mar-12	UELX	Thomas Brogden at Scottish Gas National Age Group	
	200 IM	2:27.91	10-Jan-15	EHNX	Andrew R. McKnight at East District Age Group Championships	
	400 IM	5:25.92	17-May-14	UELX	Andrew R. McKnight at City of Sunderland May Open	
15-15	50 Free	26.56	31-Jan-14	UELX	Matthew Thomson at East District Open - SASA Grand Prix 2013	
	100 Free	58.60	31-Mar-15	UELX	Andrew R. McKnight at Scottish National Age Groups	
	200 Free	2:09.32	31-Mar-15	UELX	Andrew R. McKnight at Scottish National Age Groups	
	400 Free	4:28.34	31-Mar-12	UELX	Finlay W. Williamson at Scottish Gas National Age Group	

RECORDS HN Long course

15-15	800 Free	9:12.97	31-Mar-12	UELX	Finlay W. Williamson at Scottish Gas National Age Group
	1500 Free	17:49.09	31-Mar-12	UELX	Finlay W. Williamson at Scottish Gas National Age Group
	50 Back	30.69	31-Jan-14	UELX	Matthew Thomson at East District Open - SASA Grand Prix 2013
	100 Back	1:03.55	3-Apr-14	UELX	Matthew Thomson at Scottish Gas National Open Swimming Champs
	200 Back	2:16.49	31-Jan-14	UELX	Matthew Thomson at East District Open - SASA Grand Prix 2013
	50 Breast	35.33	17-May-14	UELX	Fraser Samuel at City of Sunderland May Open
	100 Breast	1:16.54	17-May-14	UELX	Fraser Samuel at City of Sunderland May Open
	200 Breast	2:39.99	31-Mar-12	UELX	Finlay W. Williamson at Scottish Gas National Age Group
	50 Fly	30.44	11-Jan-14	EHNX	Matthew Thomson at East District Age Group Championships
	100 Fly	1:06.30	17-May-14	EHNX	Fraser Samuel at City of Sunderland May Open
	200 Fly	2:34.66	31-Jan-14	UELX	Fraser Samuel at East District Open - SASA Grand Prix 2013
	200 IM	2:22.32	11-Jan-14	EHNX	Matthew Thomson at East District Age Group Championships
	400 IM	4:52.18	31-Mar-12	UELX	Finlay W. Williamson at Scottish Gas National Age Group
16 & O	50 Free	25.32	31-Mar-12	UELX	Mike Thomson at Scottish Gas National Age Group
	100 Free	56.35	31-Mar-12	UELX	Mike Thomson at Scottish Gas National Age Group
	200 Free	2:05.20	31-Mar-12	UELX	Mike Thomson at Scottish Gas National Age Group
	400 Free	4:33.76	6-Feb-15	UELX	Fraser Samuel at Derventio February Festival 2015 L1
	800 Free	9:22.66	28-Jun-12	UELX	Finlay W. Williamson at Scottish Gas National Open Swimming Champs
	1500 Free	17:48.53	28-Jun-12	UELX	Finlay W. Williamson at Scottish Gas National Open Swimming Champs
	50 Back	30.39	16-Jan-15	UELX	Charlie Smith at 2015 West District Grand Prix
	100 Back	1:00.01	31-Mar-12	UELX	Mike Thomson at Scottish Gas National Age Group
	200 Back	2:15.21	25-Jun-14	UELX	Matthew Thomson at Scottish National Age Groups
	50 Breast	32.31	3-Apr-14	UELX	Struan K. Stuart at Scottish Gas National Open Swimming Champs
	200 Breast	2:37.35	3-Apr-14	UELX	Struan K. Stuart at Scottish Gas National Open Swimming Champs
	50 Fly	28.23	25-Jun-14	UELX	Finlay W. Williamson at Scottish National Age Groups
	100 Fly	57.88	28-Jun-12	UELX	Mike Thomson at Scottish Gas National Open Swimming Champs
	200 Fly	2:13.64	25-Jun-14	UELX	Finlay W. Williamson at Scottish National Age Groups
	200 IM	2:11.00	31-Mar-12	UELX	Mike Thomson at Scottish Gas National Age Group
	400 IM	4:59.64	29-May-15	UELX	Fraser Samuel at East District Open - SASA Grand Prix
Open	100 Breast	1:06.31	31-Mar-12	UELX	Mike Thomson at Scottish Gas National Age Group