

---

**RECORDS HN Long course**
**LC Meters-Female**

9 & U	50 Free	44.82	<b>25-Feb-12</b>	EHNX	Anna L. Lissaman	at Longcourse timetrial	
	100 Free	1:35.71	<b>25-Feb-12</b>	EHNX	Anna L. Lissaman	at Longcourse timetrial	
	200 Free	6:00.00	<b>12-Apr-12</b>		hn		
	400 Free	8:00.00	<b>12-Apr-12</b>		hn		
	800 Free	20:00.00	<b>12-Apr-12</b>	EHNX	hn		
	1500 Free	35:00.00	<b>12-Apr-12</b>	EHNX	hn		
	50 Back	58.00	<b>12-Apr-12</b>	EHNX	hn		
	100 Back	1:45.88	<b>25-Feb-12</b>	EHNX	Cera L. Gemmell	at Longcourse timetrial	
	200 Back	4:00.00	<b>12-Apr-12</b>	EHNX	hn		
	50 Breast	1:30.00	<b>12-Apr-12</b>	EHNX	hn		
	100 Breast	2:30.00	<b>12-Apr-12</b>		hn		
	200 Breast	4:30.00	<b>12-Apr-12</b>		hn		
	50 Fly	59.00	<b>12-Apr-12</b>		hn		
	100 Fly	2:30.00	<b>12-Apr-12</b>		hn		
	200 Fly	5:00.00	<b>12-Apr-12</b>		hn		
	200 IM	3:53.56	<b>19-May-12</b>	EHNX	Rosie J. Berwick	at Long Course Time Trial	
	10-10	50 Free	35.93	<b>18-May-13</b>	UELX	Anna L. Lissaman	at Sunderland Open
		100 Free	1:23.86	<b>18-May-13</b>	UELX	Cera L. Gemmell	at Sunderland Open
		200 Free	2:52.84	<b>18-May-13</b>	UELX	Cera L. Gemmell	at Sunderland Open
		400 Free	7:00.00	<b>12-Apr-12</b>		hn	
800 Free		15:00.00	<b>12-Apr-12</b>		hn		
50 Back		41.32	<b>11-Jan-14</b>	EHNX	Mia I. Blair	at East District Age Group Championships	
100 Back		1:28.03	<b>11-Jan-14</b>	EHNX	Mia I. Blair	at East District Age Group Championships	
200 Back		3:08.06	<b>18-May-13</b>	UELX	Cera L. Gemmell	at Sunderland Open	
50 Breast		54.19	<b>25-Feb-12</b>	EHNX	Ruth M. Thomson	at Longcourse timetrial	
100 Breast		1:52.49	<b>25-Feb-12</b>	EHNX	Lulu Lodge	at Longcourse timetrial	
200 Breast		3:56.89	<b>7-Jul-12</b>	EHNX	Cera L. Gemmell	at Sunderland Summer Spalsh	
50 Fly		57.47	<b>19-May-12</b>	EHNX	Megan H. Watt	at Long Course Time Trial	
100 Fly		2:30.00	<b>12-Apr-12</b>		hn		
200 Fly		4:30.00	<b>12-Apr-12</b>		hn		
200 IM		3:49.41	<b>19-May-12</b>	EHNX	Megan H. Watt	at Long Course Time Trial	
400 IM		7:30.00	<b>12-Apr-12</b>		hn		
11-11		50 Free	33.32	<b>31-Mar-15</b>	UELX	Lucy J. Lucas	at Scottish National Age Groups
		100 Free	1:09.62	<b>31-Mar-15</b>	UELX	Lucy J. Lucas	at Scottish National Age Groups
		200 Free	2:36.03	<b>17-May-14</b>	UELX	Rosie J. Berwick	at City of Sunderland May Open
		400 Free	6:00.00	<b>12-Apr-12</b>		hn	
	800 Free	15:00.00	<b>12-Apr-12</b>		hn		
	1500 Free	30:00.00	<b>12-Apr-12</b>		hn		
	50 Back	36.44	<b>31-Mar-15</b>	UELX	Lucy J. Lucas	at Scottish National Age Groups	
	100 Back	1:19.56	<b>31-Mar-15</b>	UELX	Lucy J. Lucas	at Scottish National Age Groups	
	200 Back	2:47.57	<b>31-Mar-15</b>	UELX	Lucy J. Lucas	at Scottish National Age Groups	
	50 Breast	46.09	<b>17-May-14</b>	UELX	Rosie J. Berwick	at City of Sunderland May Open	
	100 Breast	1:38.95	<b>17-May-14</b>	UELX	Rosie J. Berwick	at City of Sunderland May Open	
	200 Breast	4:00.00	<b>12-Apr-12</b>		hn		
	50 Fly	40.22	<b>17-May-14</b>	EHNX	Cera L. Gemmell	at City of Sunderland May Open	
	100 Fly	1:35.73	<b>11-Jan-14</b>	EHNX	Cera L. Gemmell	at East District Age Group Championships	
	200 Fly	4:30.00	<b>12-Apr-12</b>		hn		
	200 IM	2:59.51	<b>17-May-14</b>	UELX	Rosie J. Berwick	at City of Sunderland May Open	
	400 IM	6:23.09	<b>17-May-14</b>	EHNX	Cera L. Gemmell	at City of Sunderland May Open	
	12-12	50 Free	29.89	<b>30-Mar-16</b>	UELX	Lucy J. Lucas	at Scottish National Age Group Championships 201
		100 Free	1:04.78	<b>30-Mar-16</b>	UELX	Lucy J. Lucas	at Scottish National Age Group Championships 201

---

**RECORDS HN Long course**

12-12	200 Free	2:24.89	<b>2-May-15</b>	UELX	Rosie J. Berwick at Manchester Open Meet 2015	
	400 Free	4:00.00	<b>12-Apr-12</b>		hn	
	800 Free	10:34.90	<b>31-Mar-12</b>	UELX	Murrin Dalrymple at Scottish Gas National Age Group	
	1500 Free	30:00.00	<b>12-Apr-12</b>		hn	
	50 Back	32.93	<b>30-Mar-16</b>	UELX	Lucy J. Lucas at Scottish National Age Group Championships 201	
	100 Back	1:11.52	<b>30-Mar-16</b>	UELX	Lucy J. Lucas at Scottish National Age Group Championships 201	
	200 Back	2:39.79	<b>30-May-15</b>	UELX	Rosie J. Berwick at North District Junior LC Time Trials 2015	
	50 Breast	39.78	<b>17-May-14</b>	UELX	Ruth M. Thomson at City of Sunderland May Open	
	100 Breast	1:24.37	<b>25-Jun-14</b>	UELX	Ruth M. Thomson at Scottish National Age Groups	
	200 Breast	3:08.45	<b>17-May-14</b>	EHNX	Ruth M. Thomson at City of Sunderland May Open	
	50 Fly	31.74	<b>29-Mar-17</b>	UELX	Louisa E. Stoddart at Scottish National Age Group Championships	
	100 Fly	1:15.83	<b>29-Apr-17</b>	UELX	Louisa E. Stoddart at University of Aberdeen LC Open	
	200 Fly	4:30.00	<b>12-Apr-12</b>		hn	
	200 IM	2:47.68	<b>31-Mar-12</b>	UELX	Murrin Dalrymple at Scottish Gas National Age Group	
	400 IM	5:51.24	<b>31-Mar-12</b>	UELX	Murrin Dalrymple at Scottish Gas National Age Group	
	13-13	50 Free	29.57	<b>29-Apr-17</b>	UELX	Lucy J. Lucas at University of Aberdeen LC Open
		100 Free	1:04.78	<b>30-Mar-16</b>	UELX	Lucy J. Lucas at Scottish National Age Group Championships 201
		200 Free	2:22.54	<b>29-Apr-17</b>	UELX	Lucy J. Lucas at University of Aberdeen LC Open
		400 Free	4:58.74	<b>25-Jun-14</b>	UELX	Brigid Hay at Scottish National Age Groups
800 Free		10:18.73	<b>25-Jun-14</b>	UELX	Brigid Hay at Scottish National Age Groups	
1500 Free		30:00.00	<b>12-Apr-12</b>		hn	
50 Back		31.93	<b>29-Apr-17</b>	UELX	Lucy J. Lucas at University of Aberdeen LC Open	
100 Back		1:11.52	<b>30-Mar-16</b>	UELX	Lucy J. Lucas at Scottish National Age Group Championships 201	
200 Back		2:32.46	<b>29-Apr-17</b>	UELX	Mia I. Blair at University of Aberdeen LC Open	
50 Breast		35.97	<b>31-Mar-15</b>	UELX	Ruth M. Thomson at Scottish National Age Groups	
100 Breast		1:18.96	<b>31-Mar-15</b>	UELX	Ruth M. Thomson at Scottish National Age Groups	
200 Breast		2:51.70	<b>31-Mar-15</b>	UELX	Ruth M. Thomson at Scottish National Age Groups	
50 Fly		33.29	<b>30-Mar-16</b>	UELX	Bella Bishop at Scottish National Age Group Championships 201	
100 Fly		1:16.46	<b>30-Mar-16</b>	UELX	Bella Bishop at Scottish National Age Group Championships 201	
200 Fly		4:30.00	<b>12-Apr-12</b>		hn	
200 IM		2:38.30	<b>2-May-15</b>	UELX	Ruth M. Thomson at Manchester Open Meet 2015	
400 IM		5:54.36	<b>17-May-14</b>	EHNX	Brigid Hay at City of Sunderland May Open	
14-14		50 Free	28.82	<b>28-Jun-12</b>	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs
		100 Free	1:03.94	<b>31-Mar-12</b>	UELX	Emma Crawford at Scottish Gas National Age Group
	200 Free	2:19.49	<b>31-Mar-12</b>	UELX	Emma Crawford at Scottish Gas National Age Group	
	400 Free	4:59.06	<b>31-Mar-12</b>	UELX	Emma Crawford at Scottish Gas National Age Group	
	800 Free	15:00.00	<b>12-Apr-12</b>		hn	
	1500 Free	30:00.00	<b>12-Apr-12</b>		hn	
	50 Back	31.84	<b>29-Mar-17</b>	UELX	Lucy J. Lucas at Scottish National Age Group Championships	
	100 Back	1:11.06	<b>29-Mar-17</b>	UELX	Lucy J. Lucas at Scottish National Age Group Championships	
	200 Back	2:31.87	<b>29-Mar-17</b>	UELX	Mia I. Blair at Scottish National Age Group Championships	
	50 Breast	34.37	<b>28-Jun-12</b>	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	100 Breast	1:15.67	<b>28-Jun-12</b>	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	200 Breast	2:45.76	<b>15-Jul-16</b>	UELX	Christen L. Russell at Scottish Summer Meet	
	50 Fly	31.53	<b>28-Jun-12</b>	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	100 Fly	1:10.77	<b>28-Jun-12</b>	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs	
	200 Fly	2:54.15	<b>30-Jun-16</b>	UELX	Christen L. Russell at Scottish National Open Championships	
	200 IM	2:35.26	<b>31-Mar-12</b>	UELX	Emma Crawford at Scottish Gas National Age Group	
	400 IM	5:31.62	<b>30-Jun-16</b>	UELX	Christen L. Russell at Scottish National Open Championships	
	15-15	50 Free	28.46	<b>15-Jul-16</b>	EWBX	Sarah S. Anderson at Scottish Summer Meet
		100 Free	1:00.78	<b>11-Jan-14</b>	EHNX	Emma Crawford at East District Age Group Championships
200 Free		2:14.95	<b>31-Mar-12</b>	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group	
400 Free		4:40.73	<b>31-Mar-12</b>	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group	

---

**RECORDS HN Long course**

15-15	800 Free	15:00.00	<b>12-Apr-12</b>		hn
	1500 Free	30:00.00	<b>12-Apr-12</b>		hn
	50 Back	33.48	<b>11-Mar-16</b>	UELX	Sarah S. Anderson at Edinburgh International
	100 Back	1:12.10	<b>28-Jun-12</b>	UELX	Chloe McCallum at Scottish Gas National Open Swimming Champs
	200 Back	2:38.54	<b>30-Mar-16</b>	UELX	Sarah S. Anderson at Scottish National Age Group Championships 201
	100 Breast	1:15.89	<b>11-Jan-14</b>	EHNX	Emma Crawford at East District Age Group Championships
	200 Breast	2:45.66	<b>29-Mar-17</b>	UELX	Christen L. Russell at Scottish National Age Group Championships
	50 Fly	30.74	<b>15-Jul-16</b>	EWBX	Sarah S. Anderson at Scottish Summer Meet
	100 Fly	1:06.73	<b>11-Jan-14</b>	EHNX	Emma Crawford at East District Age Group Championships
	200 Fly	2:29.04	<b>31-Mar-12</b>	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group
	200 IM	2:28.41	<b>31-Mar-12</b>	UELX	Joanna L. Whitelaw at Scottish Gas National Age Group
	400 IM	5:10.36	<b>28-Jan-12</b>	UELX	Joanna L. Whitelaw at Scottish Schools Swimming
16 & O	50 Free	27.23	<b>25-Jun-14</b>	UELX	Emma Crawford at Scottish National Age Groups
	100 Free	59.07	<b>25-Jun-14</b>	UELX	Emma Crawford at Scottish National Age Groups
	200 Free	2:11.97	<b>29-May-15</b>	UELX	Fiona Dickson at East District Open - SASA Grand Prix
	400 Free	4:40.76	<b>29-May-15</b>	UELX	Fiona Dickson at East District Open - SASA Grand Prix
	800 Free	9:36.54	<b>16-Jan-15</b>	UELX	Fiona Dickson at 2015 West District Grand Prix
	1500 Free	30:00.00	<b>12-Apr-12</b>		hn
	50 Back	31.65	<b>29-May-15</b>	UELX	Fiona Dickson at East District Open - SASA Grand Prix
	100 Back	1:07.77	<b>10-Jan-15</b>	EHNX	Fiona Dickson at East District Age Group Championships
	200 Back	2:31.49	<b>31-Mar-15</b>	UELX	Fiona Dickson at Scottish National Age Groups
	50 Breast	34.34	<b>3-Apr-14</b>	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs
	100 Breast	1:13.71	<b>25-Jun-14</b>	UELX	Emma Crawford at Scottish National Age Groups
	50 Fly	29.84	<b>3-Apr-14</b>	UELX	Emma Crawford at Scottish Gas National Open Swimming Champs
	100 Fly	1:05.87	<b>29-May-15</b>	UELX	Fiona Dickson at East District Open - SASA Grand Prix
	200 Fly	4:30.00	<b>12-Apr-12</b>		hn
	200 IM	2:30.42	<b>28-Jun-12</b>	UELX	Joanna L. Whitelaw at Scottish Gas National Open Swimming Champs
	400 IM	5:08.16	<b>28-Jun-12</b>	UELX	Joanna L. Whitelaw at Scottish Gas National Open Swimming Champs
Open	200 Breast	2:42.95	<b>25-Jun-14</b>	UELX	Emma Crawford at Scottish National Age Groups

---

**RECORDS HN Long course**
**LC Meters-Male**

9 & U	50 Free	39.38	<b>7-Jul-12</b>	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	100 Free	1:33.82	<b>7-Jul-12</b>	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	200 Free	3:06.29	<b>7-Jul-12</b>	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	400 Free	8:00.00	<b>12-Apr-12</b>		hn	
	800 Free	20:00.00	<b>12-Apr-12</b>	EHNX	hn	
	1500 Free	35:00.00	<b>12-Apr-12</b>	EHNX	hn	
	50 Back	43.92	<b>7-Jul-12</b>	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	100 Back	1:52.52	<b>25-Feb-12</b>	EHNX	Finlay Hay at Longcourse timetrial	
	200 Back	4:00.00	<b>12-Apr-12</b>	EHNX	hn	
	50 Breast	56.33	<b>7-Jul-12</b>	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	100 Breast	2:09.26	<b>11-Mar-12</b>	EHNX	Hugh Taylor at Longcourse time trial	
	200 Breast	4:30.00	<b>12-Apr-12</b>		hn	
	50 Fly	46.82	<b>7-Jul-12</b>	EHNX	Hugh Taylor at Sunderland Summer Spalsh	
	100 Fly	2:02.32	<b>25-Feb-12</b>	EHNX	Hugh Taylor at Longcourse timetrial	
	200 Fly	5:00.00	<b>12-Apr-12</b>		hn	
	200 IM	3:39.22	<b>19-May-12</b>	EHNX	Hugh Taylor at Long Course Time Trial	
	10-10	50 Free	43.68	<b>25-Feb-12</b>	EHNX	Angus J. de Burgh at Longcourse timetrial
		100 Free	1:32.83	<b>25-Feb-12</b>	EHNX	Angus J. de Burgh at Longcourse timetrial
		200 Free	2:47.22	<b>18-May-13</b>	UELX	Hugh Taylor at Sunderland Open
		400 Free	7:00.00	<b>12-Apr-12</b>		hn
800 Free		15:00.00	<b>12-Apr-12</b>		hn	
50 Back		42.68	<b>18-May-13</b>	UELX	Hugh Taylor at Sunderland Open	
100 Back		1:52.20	<b>11-Mar-12</b>	EHNX	Kieran McDonald at Longcourse time trial	
200 Back		4:00.00	<b>12-Apr-12</b>		hn	
50 Breast		57.16	<b>11-Mar-12</b>	EHNX	Angus J. de Burgh at Longcourse time trial	
100 Breast		2:03.82	<b>11-Mar-12</b>	EHNX	Angus J. de Burgh at Longcourse time trial	
200 Breast		4:30.00	<b>12-Apr-12</b>		hn	
50 Fly		40.83	<b>18-May-13</b>	UELX	Hugh Taylor at Sunderland Open	
100 Fly		2:30.00	<b>12-Apr-12</b>		hn	
200 Fly		4:30.00	<b>12-Apr-12</b>		hn	
200 IM		4:00.00	<b>12-Apr-12</b>		hn	
400 IM		7:30.00	<b>12-Apr-12</b>		hn	
11-11		50 Free	30.47	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups
		100 Free	1:06.06	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups
	200 Free	2:19.82	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	400 Free	4:50.65	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	800 Free	9:59.55	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	1500 Free	18:55.84	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	50 Back	34.26	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	100 Back	1:14.71	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	200 Back	2:35.43	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	50 Breast	45.96	<b>19-May-12</b>	UELX	Declan P. Till at City of Sunderland Open	
	100 Breast	1:38.22	<b>10-Jan-15</b>	EHNX	Sean Craigmile at East District Age Group Championships	
	200 Breast	4:00.00	<b>12-Apr-12</b>		hn	
	50 Fly	34.18	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	100 Fly	1:21.56	<b>10-Jan-15</b>	EHNX	Sean Craigmile at East District Age Group Championships	
	200 Fly	4:30.00	<b>12-Apr-12</b>		hn	
	200 IM	2:45.38	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	400 IM	7:30.00	<b>12-Apr-12</b>		hn	
	12-12	50 Free	29.50	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201
100 Free		1:06.06	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	

---

**RECORDS HN Long course**

12-12	200 Free	2:14.24	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
	400 Free	4:00.00	<b>12-Apr-12</b>		hn	
	800 Free	9:26.64	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
	1500 Free	18:02.62	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
	50 Back	33.35	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
	100 Back	1:09.85	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
	200 Back	2:35.43	<b>31-Mar-15</b>	UELX	Sean Craigmile at Scottish National Age Groups	
	50 Breast	38.89	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
	100 Breast	1:35.36	<b>19-May-12</b>	UELX	Robert Ogilvy at City of Sunderland Open	
	200 Breast	4:00.00	<b>12-Apr-12</b>		hn	
	50 Fly	32.90	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
	100 Fly	1:16.95	<b>30-May-15</b>	UELX	Sean Craigmile at North District Junior LC Time Trials 2015	
	200 Fly	2:53.87	<b>30-May-15</b>	UELX	Sean Craigmile at North District Junior LC Time Trials 2015	
	200 IM	2:38.35	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
	400 IM	5:44.22	<b>30-May-15</b>	UELX	Sean Craigmile at North District Junior LC Time Trials 2015	
	13-13	50 Free	27.93	<b>15-Jul-16</b>	UELX	Sean Craigmile at Scottish Summer Meet
		100 Free	1:00.86	<b>11-Jan-14</b>	EHNX	Andrew R. McKnight at East District Age Group Championships
		200 Free	2:11.58	<b>15-Jul-16</b>	UELX	Sean Craigmile at Scottish Summer Meet
		400 Free	4:33.18	<b>30-Jun-16</b>	UELX	Sean Craigmile at Scottish National Open Championships
		800 Free	9:23.07	<b>15-Jul-16</b>	UELX	Sean Craigmile at Scottish Summer Meet
1500 Free		17:43.99	<b>15-Jul-16</b>	UELX	Sean Craigmile at Scottish Summer Meet	
50 Back		31.04	<b>15-Jul-16</b>	UELX	Sean Craigmile at Scottish Summer Meet	
100 Back		1:06.53	<b>15-Jul-16</b>	UELX	Sean Craigmile at Scottish Summer Meet	
200 Back		2:23.52	<b>15-Jul-16</b>	UELX	Sean Craigmile at Scottish Summer Meet	
50 Breast		38.89	<b>30-Mar-16</b>	UELX	Sean Craigmile at Scottish National Age Group Championships 201	
100 Breast		1:25.96	<b>11-Jan-14</b>	EHNX	Andrew R. McKnight at East District Age Group Championships	
200 Breast		3:20.80	<b>29-Mar-17</b>	UELX	Aidan Ballantyne at Scottish National Age Group Championships	
50 Fly		32.89	<b>29-Apr-17</b>	UELX	Justin M. Tait at University of Aberdeen LC Open	
100 Fly		1:14.11	<b>29-Apr-17</b>	UELX	Justin M. Tait at University of Aberdeen LC Open	
200 Fly		4:30.00	<b>12-Apr-12</b>		hn	
200 IM		2:36.84	<b>11-Jan-14</b>	EHNX	Andrew R. McKnight at East District Age Group Championships	
400 IM		5:49.16	<b>29-Apr-17</b>	UELX	Aidan Ballantyne at University of Aberdeen LC Open	
14-14	50 Free	27.24	<b>29-Mar-17</b>	UELX	Sean Craigmile at Scottish National Age Group Championships	
	100 Free	58.27	<b>10-Jan-15</b>	EHNX	Andrew R. McKnight at East District Age Group Championships	
	200 Free	2:09.32	<b>31-Mar-15</b>	UELX	Andrew R. McKnight at Scottish National Age Groups	
	400 Free	4:35.66	<b>31-Mar-15</b>	UELX	Andrew R. McKnight at Scottish National Age Groups	
	800 Free	9:49.52	<b>25-Jun-14</b>	UELX	Andrew R. McKnight at Scottish National Age Groups	
	1500 Free	18:27.93	<b>25-Jun-14</b>	UELX	Andrew R. McKnight at Scottish National Age Groups	
	50 Back	31.22	<b>3-Feb-17</b>	EHNX	Sean Craigmile at East District Age Groups Finals	
	100 Back	1:06.19	<b>3-Feb-17</b>	EHNX	Sean Craigmile at East District Age Groups Finals	
	200 Back	2:21.53	<b>29-Mar-17</b>	UELX	Sean Craigmile at Scottish National Age Group Championships	
	50 Breast	36.07	<b>3-Feb-17</b>	EHNX	Sean Craigmile at East District Age Groups Finals	
	100 Breast	1:21.58	<b>25-Jun-14</b>	UELX	Robert Ogilvy at Scottish National Age Groups	
	200 Breast	2:54.32	<b>25-Jun-14</b>	UELX	Robert Ogilvy at Scottish National Age Groups	
	50 Fly	30.50	<b>29-Mar-17</b>	UELX	Sean Craigmile at Scottish National Age Group Championships	
	100 Fly	1:08.89	<b>11-Jan-14</b>	EHNX	Robert Ogilvy at East District Age Group Championships	
	200 Fly	2:43.43	<b>31-Mar-12</b>	UELX	Thomas Brogden at Scottish Gas National Age Group	
	200 IM	2:27.51	<b>3-Feb-17</b>	EHNX	Sean Craigmile at East District Age Groups Finals	
	400 IM	5:25.08	<b>30-Jun-16</b>	UELX	Edward J. Alsop at Scottish National Open Championships	
	15-15	50 Free	26.56	<b>31-Jan-14</b>	UELX	Matthew Thomson at East District Open - SASA Grand Prix 2013
		100 Free	58.60	<b>31-Mar-15</b>	UELX	Andrew R. McKnight at Scottish National Age Groups
200 Free		2:09.32	<b>31-Mar-15</b>	UELX	Andrew R. McKnight at Scottish National Age Groups	
400 Free		4:28.34	<b>31-Mar-12</b>	UELX	Finlay W. Williamson at Scottish Gas National Age Group	

---

**RECORDS HN Long course**

15-15	800 Free	9:12.97	<b>31-Mar-12</b>	UELX	Finlay W. Williamson at Scottish Gas National Age Group
	1500 Free	17:49.09	<b>31-Mar-12</b>	UELX	Finlay W. Williamson at Scottish Gas National Age Group
	50 Back	30.69	<b>31-Jan-14</b>	UELX	Matthew Thomson at East District Open - SASA Grand Prix 2013
	100 Back	1:03.55	<b>3-Apr-14</b>	UELX	Matthew Thomson at Scottish Gas National Open Swimming Champs
	200 Back	2:16.49	<b>31-Jan-14</b>	UELX	Matthew Thomson at East District Open - SASA Grand Prix 2013
	50 Breast	35.33	<b>17-May-14</b>	UELX	Fraser Samuel at City of Sunderland May Open
	100 Breast	1:16.54	<b>17-May-14</b>	UELX	Fraser Samuel at City of Sunderland May Open
	200 Breast	2:39.99	<b>31-Mar-12</b>	UELX	Finlay W. Williamson at Scottish Gas National Age Group
	50 Fly	27.83	<b>29-Mar-17</b>	UELX	Edward J. Alsop at Scottish National Age Group Championships
	100 Fly	1:01.31	<b>29-Mar-17</b>	UELX	Edward J. Alsop at Scottish National Age Group Championships
	200 Fly	2:23.97	<b>29-Mar-17</b>	UELX	Edward J. Alsop at Scottish National Age Group Championships
	200 IM	2:22.32	<b>11-Jan-14</b>	EHNX	Matthew Thomson at East District Age Group Championships
	400 IM	4:52.18	<b>31-Mar-12</b>	UELX	Finlay W. Williamson at Scottish Gas National Age Group
16 & O	50 Free	25.32	<b>31-Mar-12</b>	UELX	Mike Thomson at Scottish Gas National Age Group
	100 Free	56.35	<b>31-Mar-12</b>	UELX	Mike Thomson at Scottish Gas National Age Group
	200 Free	2:04.86	<b>30-Jun-16</b>	UELX	Fraser Samuel at Scottish National Open Championships
	400 Free	4:17.62	<b>15-Jul-16</b>	UELX	Fraser Samuel at Scottish Summer Meet
	800 Free	8:59.03	<b>25-Jun-15</b>	UELX	Fraser Samuel at Scottish National Open Championships
	1500 Free	16:59.04	<b>15-Jul-16</b>	UELX	Fraser Samuel at Scottish Summer Meet
	50 Back	29.73	<b>29-Mar-17</b>	UELX	Charlie Smith at Scottish National Age Group Championships
	100 Back	1:00.01	<b>31-Mar-12</b>	UELX	Mike Thomson at Scottish Gas National Age Group
	200 Back	2:14.49	<b>29-Mar-17</b>	UELX	Charlie Smith at Scottish National Age Group Championships
	50 Breast	32.31	<b>3-Apr-14</b>	UELX	Struan K. Stuart at Scottish Gas National Open Swimming Champs
	200 Breast	2:37.35	<b>3-Apr-14</b>	UELX	Struan K. Stuart at Scottish Gas National Open Swimming Champs
	50 Fly	28.23	<b>25-Jun-14</b>	UELX	Finlay W. Williamson at Scottish National Age Groups
	100 Fly	57.88	<b>28-Jun-12</b>	UELX	Mike Thomson at Scottish Gas National Open Swimming Champs
	200 Fly	2:13.64	<b>25-Jun-14</b>	UELX	Finlay W. Williamson at Scottish National Age Groups
	200 IM	2:11.00	<b>31-Mar-12</b>	UELX	Mike Thomson at Scottish Gas National Age Group
	400 IM	4:45.50	<b>15-Jul-16</b>	UELX	Fraser Samuel at Scottish Summer Meet
Open	100 Breast	1:06.31	<b>31-Mar-12</b>	UELX	Mike Thomson at Scottish Gas National Age Group